

Computer Mount Insert for Garmin/Wahoo GPS Computers.

Pack contents:

- 1x Replacement Plastic ¼ turn Out Front/Computer Mount Insert (**specific to JRC Components mounts**).
- 2x 3mm stainless steel bolts (requiring a 2mm Hex key).

1. Pre-Installation Check:

- Ensure that you have the required tools before you begin: hex keys, a certified torque wrench and grease - we recommend using lithium grease to install the mounting bolts.
- Make sure your bike is securely placed on a bike stand or other stable surface before beginning installation.

2. Computer Mount Insert Installation:

- Remove the original computer insert you wish to replace.
- Drop the insert into the required position noting the position of the threaded holes to accept the bolts.
- Carefully thread both bolts into the threaded bolt holes ensuring that no binding or cross-threading occurs while doing so.

3. Bolt tightening:

- Tighten both of the Computer Mount Insert bolts *evenly* to a *maximum* torque of 2Nm.
- This is to prevent over-tightening, stripping of the mount threads and potential damage to the 2mm hex key recess as well deforming the plastic insert.
- After installation of the insert, fit the GPS device installed to check that it is secure.

4. Pre-Ride Check:

- Before riding, fit the GPS device to the plastic insert to check that it is secure.

Troubleshooting:

- If the mount is rattling during the pre-ride check, stop and recheck the installation of both mount and device to ascertain the cause.
- Do not keep tightening the bolts without checking if there is an issue with the fit of the GPS device to the mount insert.
- Test ride again.

Additional Notes:

- If you encounter any difficulties during fitting, or are unsure about any step, it is recommended that you consult a suitably certified bike mechanic for assistance.